

Benadryl (diphenhydramine) Dosing Chart

Dosing frequency: every 6-8 hours.

	Children's Benadryl Allergy Liquid 12.5mg/5ml	Children's Benadryl Allergy Chewables 12.5mg/tablet
Under 3 months	Consult your physician	Consult your physician
12-19 lbs	1/2 teaspoon	Not Reccommended
20-25 lbs	3/4 teaspoon	Not Reccommended
26-39 lbs	1 teaspoon	1 chewable
40-47 lbs	1 1/2 teaspoon	1 1/2 chewables
48-54 lbs	1 3/4 teaspoon Not to exceed 12 tsp/24hours	1 1/2 chewables
6 - 11 years	1-2 teaspoon Not to exceed 12 tsp/24hours	1-2 tablets Not to exceed 12 tabs/24hours
12 years and older	2-4 teaspoon Not to exceed 24 tsp/24hours	2-4 tablets Not to exceed 24 tabs/24hours